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SEMINARS, COACHING
AND CONSULTING
FOR SCIENTISTS

**DR. DIETA KUCHENBRANDT,
DIPL.-PSYCH.**



CONTACT

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LANGUAGES

German and English

WHERE DO I WORK?

At my office in Leipzig and via Zoom.

CV

- since 05/2013** Consultant, trainer & coach for scientists
Co-founder of schainundkuchenbrandt
- 04/2007 – 07/2015** Teaching activities at the universities of Greifswald, Bielefeld and Osnabrück
- 05/2010 – 01/2015** Research and teaching fellow, University of Bielefeld,
Cognitive Interaction Technology Center of Excellence (CITEC),
Germany
- 04/2013 – 09/2013** Visiting professor, Social Psychology, University of Osnabrück,
Germany
- 09/2009 – 04/2010** Research and teaching fellow, University of Greifswald, Germany
- 01/2009 – 04/2009** Visiting researcher, Aston University Birmingham (UK), Aston Business
School, Economics & Strategy Group
- 08/2006 – 07/2009** PhD scholarship, University of Greifswald, Germany

ACADEMIC EDUCATION & FURTHER TRAINING

- 07/2018** Advanced training in career counseling
(artop, Institute at the HU Berlin)
- 09/2013 – 01/2016** Advanced education: Management consulting & coaching
(German Academy of Psychology)
- 08/2006 – 01/2010** PhD in Psychology, University of Greifswald, Germany
- 10/2000 – 04/2006** Undergraduate and graduate studies in Psychology,
diploma, University of Greifswald, Germany

FREQUENT CONCERNS OF MY CLIENTS ARE...

- Applications for professorships (universities and universities of applied sciences) and postdoc positions
- Planning and optimizing your academic career
- Preparation for leadership responsibilities (e.g., when taking on a junior research group leadership or getting your first professorship)
- Dealing with conflicts
- Time management and dealing with stress
- (Decision-making) uncertainties regarding the planned career path (mostly: qualifying for professorship vs. leaving academia)

For further information: www.schainundkuchenbrandt.com

SHORT SUMMARY

Dr. Dieta Kuchenbrandt is an academically trained psychologist with additional coaching and consulting training (German Psychologists Academy). After several years as a postdoctoral researcher at the University of Bielefeld and as an interim professor at the University of Osnabrück, she is a freelance trainer, consultant and coach, specialized in the demands of scientists. Her work focuses on academic career planning and applications for professorships and postdoc positions.

HOW DO I WORK...

... in career and application consulting?

You are aiming for a long-term scientific career and are unsure what requirements you need to fulfill for this or what the next important steps in your career development should be? You are applying for a professorship and do not know exactly how the documents should be drafted or what is expected of you in the interview? In order to advise and support you, I work with knowledge input, expert advice, profile analyses, feedback or training methods (e.g. simulation of a committee interview). In a detailed and free telephone conversation we clarify your wishes and objectives and then discuss a possible approach together.

... in coaching?

Coaching is a psychological form of consulting that supports you in finding solutions for professional and personal challenges. For this purpose, I use consulting and intervention methods from different psychological disciplines that have proven effective both scientifically and in practice. The coaching process starts with jointly exploring your concerns, deriving specific goals, and clarifying what you seek from the coaching process in relation to those goals. To support you in achieving your goals, I use various techniques and methods, such as perspective changes, visualizations, questioning techniques, simulations, exercises before and between sessions, knowledge input and expert advice.

The duration and approach of a coaching process can be very different – depending on the specific concerns and goals. Sometimes a two-hour consultation already brings the desired insight or solution. Sometimes the coaching process comprises six to eight sessions, usually lasting two hours. We agree on the scope and approach in advance. In a detailed and free telephone conversation we clarify your wishes and objectives and then discuss a possible approach together.

In consulting as well as in coaching, I treat all details and information confidentially.